

WAXING

EYES

Half Leg	£17	Eyelash Tint	£14
Full Leg	£24	Eyebrow Tint	£7
Bikini Line	£12	Eyebrow Shape	£8
Underarm	£10	The Works	£24
Forearm	£12	(All three treatments for eyes)	
Lip or Chin	£8	marvelscara	£19
Full Brazilian	£32	Lengthen and thicken eyelashes for 2/3 weeks.	
Brazilian Tidy	£18		



HANDS & FEET

(All treatments include polish of your choice including French)

O·P·I	QUICK MANICURE	30 mins	£17
O·P·I	QUICK PEDICURE	30 mins	£20

A quick shape and polish to get your nails looking good.

O·P·I	RELAXING MANICURE	60 mins	£25
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A real treat for hands, cuticle and a relaxing arm and hand massage. Add hot mitts for £5.00 - helps with arthritic conditions and very dry hands.

O·P·I	RELAXING PEDICURE	60 mins	£30
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Love your feet! A hot spa treatment, cuticles and a relaxing foot massage.

gelcolor by OPI	MANICURE	60mins	£25
gelcolor by OPI	PEDICURE	60mins	£30
gelcolor by OPI	REMOVAL	20mins	£15

Gelcolor by OPI is an Ultraviolet manicure system that allows your nails to stay healthy and strong while maintaining the chic shine of a salon service. Gelcolor goes on like polish, cures in 30 seconds, and lasts for weeks. With Gelcolor you are sure to fall in love with your nails again...and you won't have to worry about damaging them.

CALLUS PEEL	PEDICURE - Add to any Pedicure		£8
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Softens calluses leaving feet smooth and soft.



Directions

From Andover Garden Centre take the A343 to Salisbury and take the first left into Anna Valley.

Take the next left into Valley Mead and follow the road around until you come to the first right, take this and keep on the right hand side and you will see our sign.

You can park right outside our door!



All Major Credit Cards Accepted

SUGAR & SPICE

BEAUTY AND BODY TREATMENTS



Rivermead House,
Valley Mead, Anna Valley, Andover, Hants, SP11 7SB

Call: 01264 333666

Text: 07749 047889

www.sugarandspiceandover.com



DermaNew™

CALLUS PEEL™
Callus remove just like orange peel

SUGAR & SPICE
AND ALL THINGS NICE

BODY TREATMENTS & SPECIALS

BACK, NECK AND SHOULDER MASSAGE 30 mins £26

Relieve all that stress in your shoulders and back with a great relaxing and rejuvenating massage, you won't want to wake up afterwards! For any one who suffers from tension in the neck and shoulders this is fantastic.

FULL BODY AROMATHERAPY MASSAGE 60 mins £45

A fantastic way to stretch and relax all the muscles in your body to leave you feeling ready for anything.

ANTENATAL MASSAGE 75 mins £48

A gentle body massage using a combination of soothing chamomile, rose and jojoba oils to gently relax and revive tired muscles to calm mother and baby.

INDIAN HEAD MASSAGE 30 mins £25

This is a must have treatment to really perk you up. It is a dry massage performed with clothes on and includes back, arms, shoulders, neck, head and face, excellent for lunch hours!!

BODY RADIANCE 45 mins £38

Radiate your way out of a body scrub that will smooth and brighten the skin. Then enjoy body butter massaged into your skin that gently calms the mind.

TOP TO TOE TREAT 90 mins £65

A full body exfoliation with a relaxing scrub and luxurious oils. Then you are cocooned in a warm wrap whilst you have a facial and head massage. Finally you are unwrapped, shower and body butter is massaged into your skin to leave it feeling soft and smooth.

MAKE-UP *Special Occasion £30 Wedding £50*

We specialise in natural looking make-up and we work with you to get you looking and feeling your best.

ALL OVER FAKE TAN 45 mins £30

Choose your favourite tanning product from our range and give yourself a real treat – whether to get ready for a holiday a special event or just to beat those winter blues, a tan makes you look and feel good. Add an exfoliation for £15.

SUGAR & SPICE PAMPER 120 mins £75

Be ready for any event with a relaxing facial, manicure and pedicure and eyebrow shape.

FACE TREATMENTS

(Each facial is adapted using Eve Taylors essential oil products).

Eve Taylor MINI FACIAL 30 mins £24

A quick cleanse, exfoliation and masque to rejuvenate and refresh you.

Eve Taylor RELAXING FACIAL 60 mins £32

A luxurious facial using gentle massage on pressure points and lymphatic drainage to reduce puffiness and wrinkles. Whilst a masque is applied you have a head massage to sooth away stress and tension.

Eve Taylor EXTRA RELAXING FACIAL 70 mins £45

Our relaxing facial with a back and shoulder massage, the ultimate in relaxation!!

DermaNew[™] MICRODERMABRASION (Add to any facial) £8

An effective thorough exfoliation, which leaves your skin feeling silky, smooth and baby soft. Regular treatments can help reduce the appearance of fine lines and wrinkles.

PEELING MASQUE TREATMENTS (Add to any facial) £8

Bio Peel – Deeply moisturising for sensitive or dry skin. Brightening Peel – Reduces brown spots and redness. Clarifying Peel – Rebalance by removing impurities and excess sebum. Cryogenic Peel – An instant tonic and gives an anti-aging firming effect.

COLLAGEN (Add to any facial) FACE MASK £10 EYE MASK £5

For dehydrated skin it provides intense hydration, reduces wrinkles and evens skin texture and colour.

Sugar & Spice provide professional Beauty & Body treatments in a peaceful village setting where you can relax unwind and rejuvenate.

At Sugar and Spice we are happy to adapt our treatments to your needs, just ask and we will be pleased to help.

Gift Vouchers are available for presents and company gifts.

